



Making delicious  
Vegan, Vegetarian  
and Seafood

**Available Mon-Sat: 11-2 & 5-8**

Dine-in, Takeout and Delivery  
VegSRQ.com 941-312-6424

**Beverages**

- **Unsweetened Iced Tea 2.99**

*Plain Black, Herbal Berry, Green Mint or Black Mango*

- **Bottled Sodas 2.99**  
*Cola or Ginger Ale*
- **Natural Lemonade 2.99**
- **Sparkling or Still Bottled Water 3.99**

**Craft Beers (subject to availability)**

- **Blue Point: Toasted Lager 4.50**

*Smooth tasting amber lager with a toasted malt body and light hoppy finish*

- **Motorworks: Intellectual Property 4.50**

*IPA featuring juicy flavors of grapefruit, pine and orange and a medium-bodied mouth feel*

- **Golden Road: Mango Cart Wheat Ale 4.50**

*A light Wheat Ale bursting with lots of fresh mango flavor and aroma, finishing crisp and refreshing.*

- **(GF) Magners: Hard Pear Cider 4.50**

*Delicate & refreshing with crisp ripe pear*

**Local Kombucha 6.00**

*Assorted flavors*

**House-made Seasonal Sangria**

**Glass 6.00 Pitcher 24.00**

**Wines 7.00**

*Babe Red, Babe Grigio, Babe Rose*

**Appetizers:**

- **Soup of the Day or Matzo Ball**  
Cup \$4.99 Bowl \$6.99
- **(V)Latkas-12.99** three house-made potato pancakes, served with vegan sour cream & applesauce
- **Spanakopita Bites-9.99** spinach and feta in crispy phyllo pastry with lemon dill sauce
  - **(V)Pretzel Bites & Vegan Beer Cheese-9.99**  
Pretzel Bites and a side of our Vegan Beer Cheese
- **(V)Vegan Mac & Cheese-9.99** Cavatappi Noodles tossed in our House Made Vegan Cheese Sauce
- **(V)(GF)Buffalo Cauliflower Bites-9.99** cauliflower sautéed in a medium Buffalo Sauce with celery & Vegan Ranch Sauce

**Salads:**

*All salads except the Caesar are served with dressing on the side*

- **(V)Veg Salad-12.99** Veg burger topped with caramelized onions over baby lettuce with tomato & sides of aioli & Lemon Dijon Dressing
- **(V)Caesar Salad-12.99** Romaine & croutons tossed with our house made Vegan Caesar Dressing topped with Vegan parmesan & tomato wedges
- **(GF)Avocado Salad-12.99** baby lettuce, avocado, goat cheese crumbles, raisins & pumpkin seeds served with Lemon Dijon dressing
- **(V)(GF)Signature Salad-12.99** chopped kale, shredded carrots, purple cabbage, shredded raw beets, avocado, sprouts & toasted sunflower seeds served with Ginger dressing
  - **Mindy's Salad-15.99** baby lettuce, carrots, onions, cucumbers, tomatoes & goat cheese, topped with Spanakopita Bites with sides of Lemon Dill Sauce and House Dressing

**Extras**

*Tofu or Tempeh \$4.99, ➔ Ahi Tuna \$9.99, Side of Fries \$6.00  
Blackened Salmon \$12.99, Shrimp \$7.99, Avocado \$2.99,  
Extra Dressing/Sauce \$0.59*

*(V)(GF) indicates items that can be made (V) Vegan or (GF) Gluten Free upon request.  
Items substituting (GF) Bread or Crackers will be a \$1.50 up charge*

### Entrées:

- **(V)(GF)Portobello Volcano-18.99** bed of sautéed kale & rice topped with savory sweet potato mash, marinated Portobello & caramelized onions. Served with Soup, Salad, Fries or (+\$1.00)Vegan Mac & Cheese.

🔪 **(V)(GF)Impossible Nacho Stack-18.99** Layers of rice, black beans, salsa fresca, avocado and taco seasoned Impossible Crumble, drizzled with vegan cheese sauce and spicy green sauce, surrounded by fresh tortilla chips

### Stir Fries & Bowls:

- **(V)(GF)Jackfruit Brisket Bowl-18.99** bed of rice covered with slow cooked BBQ Jackfruit, roasted sweet potatoes & vegan coleslaw, topped with a vegan sweet horseradish sauce & house-made BBQ sauce
- **(V)(GF)Vegan Ramen Noodle Bowl-18.99** vegan gluten-free ramen noodles and kale in a savory asian mushroom broth topped with crispy tofu, shredded cabbage, carrots and green onions **with Shrimp-22.99**
- **(V)(GF)Kung Pao Cauliflower Stir Fry-18.99** cauliflower, kale, onions, red peppers, cashews, sesame seeds, scallions & house made spicy Kung Pao Sauce over rice **with Shrimp-22.99 with Salmon-24.99**
- **(V)(GF)Ginger Garlic Noodle Stir Fry with Tofu-18.99** kale, carrots, cabbage, onions, peppers, ginger, garlic, scallions & sesame seeds tossed in sweet & savory sauce with rice noodles **with Shrimp-22.99 with Salmon-24.99**
- **(V)(GF)Pineapple Coconut Rice Bowl with Tofu-18.99** avocado, black beans, cabbage, salsa fresca, grilled pineapple over rice, with pineapple-mango salsa. **with Shrimp-22.99 with Salmon-24.99**

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**Burgers & Sandwiches:** *Served with Soup, Salad, Fries or (+\$1.00) Vegan Mac & Cheese*

- **(V)Veg Burger-14.99** Our House-Made Veg Burger, lettuce, tomato, caramelized onions & aioli
- **(V)(GF)Bistro Burger-17.99** ¼ lb Beyond Burger, gouda, caramelized onions, lettuce, tomato & bistro sauce
- **(V)(GF)Silly Philly-14.99** Portobello mushroom strips, grilled onions and peppers with Swiss & horseradish sauce
- **(GF)Blackened Salmon Sandwich-17.99** Lightly blackened Salmon, lettuce, tomato & aioli
- **(V)(GF)Impossible "Burger" Club-18.99** Triple layered club sandwich with a ¼ lb. Impossible Foods Burger, lettuce, tomato, tempeh & our house-made Bistro sauce
- **(V)(GF)Vegan Breakfast Sandwich-15.99** Folded Just Eggs, Impossible Sausage, vegan cheese, blush sauce & green onions on a roll

**Wraps:** *Served with Soup, Salad, Fries or (+\$1.00) Vegan Mac & Cheese*

- **(V)California Wrap-15.99** Avocado, tempeh bacon, goat cheese, carrot, cucumber, onion, lettuce, tomato & blush sauce  
➔ **Ahi Tuna & Avocado-17.99** Rare Ahi Tuna, avocado, lettuce, tomato, aioli & ginger dressing
- **(V)Thai Peanut Tofu Wrap-15.99** Grilled Tofu, cucumber, carrots, cabbage, lettuce, ginger dressing & thai peanut sauce  
**Substitute Shrimp 17.99**

### Extras

Tofu or Tempeh \$4.99, ➔ Ahi Tuna \$9.99, Side of Fries \$6.00  
Blackened Salmon \$12.99, Shrimp \$7.99, Avocado \$2.99,  
Side of Rice \$3.99, Extra Dressing/Sauce \$0.59

- ➔ Consuming raw or undercooked seafood may increase your risk of foodborne illness.
- 🔪 This Dish Is Spicy

